

## CENTRAL WYOMING SENIOR SERVICES receives generous livestock donations from the Natrona County FFA/4-H Jr. Livestock Sale!

The Casper, Mills, and Evansville Senior Centers would like to thank the following community partners for their generous donations:

Wyoming First Foundation: 2 Beef

Fremont Motors Casper—2 Beef and 1 Sheep

Frank's Butcher Shop—1 Beef

McMurry Foundation—1 Market Swine

Takkion—1 Market Swine

MCM Companies—1 Sheep

Wyoming Insulation—1 Sheep

Central Truck and Diesel/Bobcat—1 Sheep

Without these donations from our local businesses, it would be difficult to provide the number of meals we serve to our seniors yearly. Many Thanks from CWSS Staff & Seniors!.



*Central Wyoming  
Senior Services, Inc.*  
"The Heart of Natrona County"

#### Programs:

Title III-C (Congregate Meals)  
Title III-B (Activities)  
Title III-E (Family Caregiver)  
WyHS (Wyoming Home Services)

#### Vision:

To enrich the lives of individuals aged 60 and older by providing community services and resources to maintain their dignity and independence.

#### Mission:

To assist individuals aged 60 and older in Natrona County by providing or accessing community services and resources to maintain their dignity and independence using qualified and trained staff to help them meet their nutritional, educational, social, emotional, financial, and recreational needs.

## PROUD PARTNER OF:



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# WHO'S WHO AROUND THE CENTER

**Executive Director**—*Rachel Brown*

## **Board of Directors**

*Bob Carpenter* ..... President

*Gracie Becker* ..... Vice President

*Kim Latka* ..... Treasurer

*Kate Maxwell* ..... Secretary

## **Members**

*Gloria Fuhrer*

*Debera Siems*

*Susan Burk*

*Lori Spearman*

*Bob Lemmon*

*Ron Strang*

*Zulima Lopez*

## **City Council Liaison**

*Michael Bond*

## **In-Home**

**Community Programs Director**—*Lacey Kidman*

**Access Care Coordinator**—*Christine Coffey*

## **Housekeepers:**

*Sarah George, Jazzmin Kidman, Jessica Massey*

*Shauna Dellinger, Blaize Favre*

**CNA**—*Caitlan Knotts*

## **Administration**

**Human Resources/Bookkeeper**—*Rae Appel*

**Volunteer/Activities Coordinator**—*Kim Perez*

**Receptionist/Data Entry**—*Virlie Heyer*

**Front Reception/Loan Closet**—*Kati Swanson*

## **Nutrition**

**Dietary Director**—*Kimberly Cooper*

**Head Cook**—*Johnna Moore*

## **Kitchen Staff:**

*Makayla Archambault, Quinton Easley, Craig Kwedor,*

*Dusty Plummer, Azarian Tanksley, Zach Focht, CJ Oryall*

## **Locations**

### **CASPER (MAIN)**

1831 East 4th St (307) 265-4678

### **MILLS**

401 Wasatch (307) 237-1317

### **EVANSVILLE**

71 Curtis St (307) 315-6719

Connect with us:

[www.casperseniorcenter.com](http://www.casperseniorcenter.com)

Facebook Page:

<https://www.facebook.com/casperseniorcenter>

## **Déjà Brew Barista Volunteers:**

Monday—*Nancy*

Tuesday—*Maddy*

Wednesday—*Ruth*

Thursday—*Kathy*

Friday—*Ruth*

## **Library:**

*Kathy H, Marge, and Jackie*

## **Dining Room Volunteers:**

*Jimmy Ernie*

*Michelle Jim*

*Jancy Masayo*

*Luba Deb*

## **Puzzles:**

*Dr. Ruth Doyle*

## **Crafts:**

*Peggy*

## **Deals on Wheels:**

*Peggy and Buck*

**Board of Director meeting Schedule: Fourth Monday of each month at 3:00pm.  
Meetings are open to the public. All members are encouraged to attend!**

## *From the Desk of the Director: September Happenings at Central Wyoming Senior Services*

We had a wonderful August filled with celebrations and community connections! Thank you to everyone who joined us for our World Senior Citizens Day Information Fair on August 21st and our festive Labor Day Luau on August 29th. Both events were a huge success, bringing together seniors, families, and community partners for fun, food, and friendship.

A special thank you goes out to the City of Casper City Council for the proclamation recognizing Senior Citizens' Day. We cannot do what we do without your continued support—it truly makes a difference in the lives of our seniors.

Looking ahead, September is shaping up to be just as exciting!

- ≡ Grandparent's Day Brunch – Join us on Sunday September 7th as we celebrate the special role of grandparents with a delicious brunch at the Center.
- ≡ Community BBQ in Evansville – We'll be firing up the grill in Evansville on Friday September 5th at 11:00 a.m. Come out for great food and fellowship.
- ≡ Community BBQ in Mills – Don't miss our Mills BBQ on Friday September 12th at 11:00 a.m. It's another chance to share a meal and enjoy time together with neighbors and friends.

We invite everyone to join us this September to celebrate family, friendship, and the strength of our community. Your participation and support make all of these events possible and we look forward to seeing you!

Warm Regards,

*Rachel Brown*

rachelh@casperseniorcenter.com or 307-265-4678

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**Central Wyoming Senior Services**



# HELPING HANDS

**ADDITIONAL SERVICES PROVIDED BY CENTRAL WYOMING SENIOR SERVICES AKA OUR SENIOR CENTER WYOMING HOME SERVICES & NATIONAL FAMILY CAREGIVER PROGRAM are programs that provide assistance to individuals in their home.**

**Services include :**

- ♥ **Housekeeping**
- ♥ **Personal care**
- ♥ **Respite and care coordination**

***Any questions? Come see Lacey or Christine!***  
**Or give us a call at (307) 265-4678**

## Central Wyoming Senior Services

### Mission Statement

Our mission is assist individuals aged 60 and older in Natrona County by providing or accessing community services and resources to maintain their dignity and independence using qualified and trained staff to help them meet their nutritional, educational, social, emotional, financial, and recreational needs.

### Our Vision

To enrich the lives of individuals age 60 and older by providing community services and resources to maintain their

**DIGNITY and  
INDEPENDENCE.**

The personal mission of our Center's Director and Staff is to make every member feel welcome, wanted, included, and loved every time they come through our doors.

**New Member Coffee**  
**2nd Tuesday each Month**  
**10AM in Déjà Brew**  
**NEXT DATE:**  
**Sept. 9, 2025**

**Meal Prices:**

The suggested donation for a single senior (60+) meal is \$6.00. We offer 10 and 20 count punch tickets including one bonus meal with every 20 punch ticket donation.

Remember that our guests under the age of 60 need to purchase a single meal ticket at the reception desk for \$9.00. (When you invite a non-senior guest, please stop by the front desk to purchase their meal ticket )

Thank you for your support of our meal program!

**Meal Times:**

Casper: 11:00 AM to 1:00 PM

Evansville & Mills Noon—1:00PM

Reservations Required at the Mills and Evansville Sites

If you would like to have your birthday or anniversary published in the newsletter for the month of either, sign up with Kati.

*Please turn this into the front office if you are 60 or older with a Sept. birthday to receive a lunch ticket.*

Name \_\_\_\_\_  
 Birthdate: \_\_\_\_\_

Aug. Hidden images

**Last Edition Answers:**



**Answer to Aug Trivia—**

Sextilis was the sixth month in the 10-month Roman calendar, which began in March

Sept. Trivia Questions:

Q: What is September known as in the Old English calendar?

Q: What does the word "September" originate from?

Try to find this image twice



Don't Forget to look for Kim's famous typo(s)

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# Gifts & Memorials

*Note: This is a list for Gifts or Memorials given between*

*July 16th—August 22, 2025*

*If donations were made between those dates and you were not recognized, please see the office.*



## Gifts

Dave Gossin,  
Sharon Avramidis,  
Kathy Pagel,  
Grace Becker,  
Sandra Simmons,

John Savage,  
Thirsty for the Word of God  
Anonymous Donor(s)

## Memorials

In memory of :  
Georgia Kuhn  
Mary Moler

### *What Your Memorial Does*

*The Board of Directors has directed Memorial Gifts be spent only on items of lasting value, not general operations.*

*When we last expanded the Center, we used memorial gifts to match One Cent and other county money.*

*Just note on your check that the gift is a memorial and the name of the person you wish to be remembered.*

## *A Special Thanks to Dedicated Volunteers*

*Nancy is our Monday Barista extraordinaire! She makes a great cup of coffee, a sensational latte, and the smoothest of Smoothies! Nancy has been a member of the Center for about 7 years and a barista since November 2024. She said she loves being the Monday barista and has so many people that come in just to see her and get her specialty libations! In her 7 years, she has seen the changes in our Center, one of the best changes she said is the resources that are available through the Senior Center. A change that hasn't happened is also something she likes. . . the price for the daily lunch has not increased like so many other things. She said the amount of food you get is well worth the price. When you see Nancy volunteering in Déjà Brew, give her a big THANK YOU.*

*Our next volunteer we would like to celebrate is Kathy, who is not only a volunteer barista in Déjà Brew, she researches monthly drink specials, maintains the coffee shop inventory, and ran for the Board of Directors in 2024! We are grateful for her time and generosity, as she and her husband (who own "Together We Art") have contributed to prize packages for **A Night at the Races** in years past, along with participating in most fundraising and promotional Senior Center events!*

**Déjà Brew** will be open all day once we have found enough committed volunteers to fill both shifts daily. The shifts will be 8am till 1pm or 1pm till 4pm. We are going to start marketing to the public that we have the best coffee, lattes frappes and Italian sodas at the best prices. Please let Kim P know if you are able to help us out!

## *Volunteer Meeting*

September 15  
at 1pm in the  
Conference Room

We cannot stress enough how much we depend on volunteers to keep the Center running and allow us to continue providing vital services to members and our community!

**So Many Thanks!**

### *Volunteer opportunities*

We currently have several volunteer opportunities available. Barista, front desk reception, library, dining room, BINGO money collectors, set up and take down every Wednesday afternoon. Please see Kim Perez in the office or call 307-265-4678



## New, Fun, Upcoming Events:

We have been working on a partnership with Food Bank of Wyoming and .... Finally, We are now a partner of Feed America through the Food Bank of Wyoming! What that means is: Chef Kim can buy certain foods at a discounted rate. The best part of this partnership is that we will be able to provide fresh fruit, vegetables, and some dry goods for our members to pick up—all for free!! This distribution will be only for our senior members. All we ask is that you only take what you can use (or eat) and leave some for other people to enjoy. We will need some volunteers to help with setting up and sorting the produce. We are also trying to establish a food pantry distribution for Evansville. That may take a little while to get the logistics and permissions worked out. The Senior Center team is working towards new services and programs to better serve our members. Rachel (the director) has set out a suggestion box in the dining room, if you have suggestions or ideas, please feel free to drop a note in the box.



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# ***SEPTEMBER ACTIVITIES***

**Come into the climate controlled Center  
to enjoy some of the fun events!**

**Sept 2nd—Wellness Clinic— Dining Room 10:00am**

**Sept 3rd—Jackpot Bingo—Dining Room 1:30-4:00 pm**

**Sept 5th— Outreach BBQ—Evansville 11am-1pm**

**Sept 5th—Friday Feature— **Cancelled****

**for staff & volunteers to attend BBQ**

**Sept 3rd, 4th, 5th—Deals on Wheels 10:30-1:30**

**Sept 9th —Wellness Clinic—Dining Room 10:00am**

**Sept 10th—Jackpot Bingo—Dining Room 1:30-4:00 pm**

**Sept. 10th—BUNCO—Déjà Brew coffee area 9AM**

**Sept 12th—Outreach BBQ—Mills 11am-1pm**

**Sept 12th—Friday Feature— **Cancelled****

**for staff & volunteers to attend BBQ**

**Sept 13th—Saturday Dance—Dining Room 5:00pm**

**Sept 15th—Natrona County Library—Mills Center 3:45-4:15pm**

**Sept 16th—Wellness Clinic—Dining Room 10:00am**

**Sept 17th—Jackpot Bingo—Dining Room 1:30-4:00pm**

**Sept 18th—Natrona County Library—Evansville Center 9:30-10:00AM**

**Sept 19th—Jack’s official craziest, wildest, brightest shirt contest.**

**In the dining room 11am til 12:30pm! Wear your shirt to lunch to  
enter the contest! Winner will receive a prize**

**Sept 19th—Friday Feature—Library 1:30pm**

***“Parental Guidance”***

**Sept 23rd —Wellness Clinic—Dining Room 10:00am**

**Sept 23rd—Natrona County Library—Casper Center 10:15–10:45am**

**Sept 24th - Jackpot Bingo—Dining Room 1:30-4:00 pm**

**Sept. 25th—POOL TOURNAMENT 9 am**

**Sept 26th—Friday Feature—Library 1:30pm**

***“Get Low”***

**Sept 29th— Natrona County Library—Mills Center 3:45pm 4:15pm**




**Sept 27th—Saturday Dance—Dining Room 5:00pm**

**Sept 30th—Wellness Clinic—Dining Room 10:00am**

**All activities are subject to change**

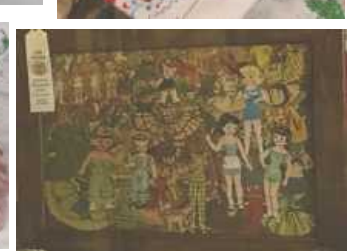


# SEPTEMBER 2025

| SUNDAY  | MONDAY   | TUESDAY  | WEDNESDAY  | THURSDAY   | FRIDAY   | SATURDAY                                    |
|---|--|--|--|--|--|---|
|   | 1<br>   | 2Pork Cottage Pie<br>Brussel Sprouts<br>Creamy Pepper Slaw<br>Wheat Roll<br>Apple Crisp  | 3Swedish Meatballs<br>Brown Rice<br>Harvard Beets<br>Cottage Cheese Salad<br>WW Roll<br>Orange Fluff                         | 4Lasagna<br>Parmesan Squash<br>Mediterranean Salad<br>Garlic Breadstick<br>Pear Crisp  | 5 <i>Be Late for Something Day</i><br>Vegetable Soup<br>Tuna Sandwich<br>Fresh Veggies<br>Strawberry Jello<br>White Choc Craisin Cookie  | 6   |
| 7Beef Pepper Steak<br>Rice Pilaf<br>Roasted Cauliflower<br>Creamy Cucumbers<br>WW Roll<br>Peach Pie                   | 8 <i>Nat'l Ampersand Day</i><br>Chicken Enchiladas<br>Beans & Rice<br>Lettuce & Tomatoes<br>Baked Apples<br>Cinnamon Ice Cream         | 9Philly Cheese Pasta<br>Catalina Vegetables<br>Garden Bounty Salad<br>WW Roll<br>Cherries  | 10Lamb Tips<br>Oven Brown Potatoes<br>Roasted Broccoli<br>Spinach Almond Salad<br>Wheat Biscuit<br>Chopped Melon             | 11 <i>Remembrance Day</i><br>Broccoli Cheese Soup<br>Chicken Salad Sandwich<br>On Wheat Bread<br>Creamy Vegetable Slaw<br>Sliced Pears | 12Salmon Fillet<br>Creamy Risotto<br>Creamed Cabbage<br>Russian Salad<br>Corn Muffin<br>Peach Crisp  | 13<br><b>MENU<br/>SUBJECT TO<br/>CHANGE</b> |
| 14Creamy Lemon Chicken<br>Garlic Pasta<br>California Vegetables<br>Whole Wheat Roll<br>Strawberries<br>Chocolate Cake | 15Ham Loaf<br>Scalloped Potatoes<br>Peas & Pearl Onion<br>Berry Blend<br>Banana Cream Pudding  | 16Southwest Chopped<br>Chicken Salad<br>w/ All the Toppings<br>Hard Boiled Egg<br>Gingered Pears<br>Pumpkin Muffin<br>OJ           | 17 <i>US Citizenship Day</i><br>Liver & Onions<br>Potato Wedges<br>Winter Mix Vegetables<br>Tossed Salad<br>Blueberry Buckle | 18Sweet & Sour Pork<br>Fried Rice<br>Oriental Vegetables<br>Asian Slaw<br>Sunflower Bread<br>Almond Cookie                             | 19Breaded Cod<br>Tomato Pasta<br>Roasted Asparagus/Bacon<br>Berry Tossed Salad<br>Cheddar Onion Biscuit<br>Frosted Spice Cake  | 20  |
| 21Glazed Ham<br>Baked Potato<br>Creamed Cabbage<br>Carrot Raisin Salad<br>WW Biscuit<br>Apple Pie                     | 22 <i>Autumnal Equinox</i><br>Smothered Chicken<br>Rice Pilaf<br>Brussels Sprouts<br>Dill Cucumbers<br>French Bread<br>Pineapple Fluff | 23Sloppy Joe<br>Pasta Salad<br>Stuffed Celery<br>Coleslaw<br>Lemon Poke Cake   | 24Turkey & Noodles<br>Spinach<br>Tossed Salad<br>WW Roll<br>Diced Peaches  | 25Pork Tenderloin<br>Oven Brown Potatoes<br>Roasted Asparagus<br>Pea Salad<br>Blueberries  | 26 <i>September B'day Lunch</i><br>Chicken Fried Steak<br>Mashed Potatoes<br>Glazed Carrots<br>Whole Wheat Roll<br>Pistachio Cake<br> | 27  |
| 28Roast Turkey<br>Mashed Potatoes<br>Sweet Corn<br>Tossed Vegetable Salad<br>Pumpkin Pie                              | 29Porcupine Meatballs<br>Sweet Potatoes<br>Cauliflower Bake<br>Cottage Cheese Salad<br>Sliced Peaches                                  | 30 <i>National Love People Day</i><br>Chicken Noodle Soup with Deli Hoagie<br>Carrot Sticks & Pickles<br>Berry Blend<br>Banana Bar |    |  | <b>MEALS<br/>INCLUDE<br/>MILK &amp; BREAD</b>  |   |

## A Day at the Fair

These beautiful antiques and collectibles from the collection of Ruth Doyle and Miles Hartung are on display at the Senior Center. All items have been entered in past Natrona County Fairs, many receiving award ribbons. Ruth and Miles are past officers and long-time members of the Casper Antique Collectibles Club. Note the purple Grand Prize ribbon on the English porcelain stagecoach, as well as the two Josef figurines of fine porcelain from the 50s. The Gingerbread kitchen clock adorned made of fine walnut and of paper dolls were the mature woman who as a child. The doll with ties adorned many a bed hand tinted pictures by known illustrator born in animals. The three glass jar, and a deer embossed 1890s era. And lastly, the large soulful photo of a boy in the World War era, most likely transported to the USA from Germany, is a reminder of love of family and the freedom enjoyed in this country. Please view and enjoy this nostalgic display





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If you are looking for an item to purchase or sell, place your ad here. If you are looking for some help with a project or yard work, maintenance and repairs, look here first! Contact Kim P. in the office to place an ad. All ads must be submitted before the 20th of each month to be in the next newsletter.

|  |   |  |
|--|---|--|
|  <p>Stay curious in the new year.</p> <p><b>The love of learning<br/>doesn't end at 50.</b></p> <p>OLLI at Casper College is<br/>the place where<br/>you can <b>Stay Curious.</b></p> <p><b>Casper College</b>  <b>Join today!</b><br/>307-268-3401</p> |   |  |
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# **FRIDAY FEATURE MOVIES WILL NOW BEGIN AT 1:30PM**

*Sept. 5th—no movie—Open House and Outreach BBQ, Evansville Senior Center*

*Sept. 12th—no movie—Open House and Outreach BBQ, Mills Senior Center*

*Sept. 19th—Parental Guidance—*Minor-league baseball announcer Artie Decker (Billy Crystal) and his wife, Diane (Bette Midler), get to see their only child, Alice (Marisa Tomei), very seldom. To their surprise, Alice and her husband (Tom Everett Scott) ask them to watch their children so they can embark on a trip for work. It promises to be a fun time for all, until the three young ones turn out to be quite a handful for this old-fashioned couple. Artie and Diane may need to bend the rules to make everyone happy in the end.

*Sept. 26th—Get Low* is a drama film set in the 1930s, centered around a Tennessee hermit who throws his own funeral while still alive. The film stars Robert Duvall, Bill Murray, and Sissy Spacek. It explores themes of regret, forgiveness, and the human need for connection.

## **Seniors Giving to Seniors**

You may have noticed the Christmas Tree that magically appeared in the lobby this August. Well, we aren't trying to hurry the season, we're just starting our giving mission a little early. Many of us are very privileged and blessed. That is not the case for some of our less fortunate members who may be struggling to pay unexpected expenses. Some need an appliance replaced, or require some type of repair, or just need a new coat or pair of shoes to make it through the winter.

We have set the tree up for our members (and community) to extend a helping hand, as you are able. Cards on the tree will contain a suggestion for a gift card that can help an anonymous member with a desperate need.

**We are currently only accepting gift cards  
for distribution to applicants.**

**THANK YOU, DONORS & SUPPORTERS!**

## New news for Seniors

Recent Medicare news highlights a new CMS demonstration model to be tested in six states starting in 2026, a new Medicare Part D base beneficiary premium of \$38.99 for 2026, continued growth in Medicare Advantage enrollment (over half of beneficiaries in 2025), and new quality ratings for hospitals like [Mayo Clinic](#). Also in the news are legal penalties, such as a \$290 million fine for [CVS Caremark](#) in a Medicare fraud case, and recent announcements from the Centers for Medicare & Medicaid Services (CMS) and the [Department of Justice](#) (DOJ).



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# ACTIVITIES FOR SENIORS 60 AND OLDER\*

Key: AR=Activity Room | CNF=Conference Room | DR=Dining Room | DF=Dance Floor

| Activity                                       | Day(s)   | Time(s)                                      |
|--|--|--|
| Afternoon Tai Chi                              | Tuesday/Thursday                                     | 3:00PM—4:00PM (AR)                           |
| Bingo! (\$0.50/card)                           | Thursday   | 12:30PM—2:00PM (CNF)                         |
| Bridge   | Wednesday/Friday                                     | 12:00PM&12:30PM—4PM (DR/CNF)                 |
| Canasta  | Friday   | 12:00PM—4:00PM (DR)                          |
| Caps for Kids                                  | 2nd/4th Wednesday                                    | 12:30PM—4:00PM (AR)                          |
| Chair Exercise                                 | Mon/Wed/Fri  | 9:45AM—11:00AM (DF)                          |
| Chair Yoga                                     | Tues/Thurs   | 9:15AM—9:45AM (AR)                           |
| Clogging                                       | Monday (Joyce)<br>Thursday (Lori)                    | 10:30AM—11:45AM (AR)<br>10:30AM—11:30AM (DF) |
| Craft Class                                    | Thursday   | 10:00AM—12:00PM (AR)                         |
| Cribbage                                       | Tuesday  | 10:00AM—11:30AM (AR)                         |
| Doll Club                                      | 2nd Saturday   | 2:00-4:00pm (CNF)                            |
| Featured Movie Matinee                         | Friday   | 1:30PM (Library)                             |
| Good Book Study                                | Monday   | 1PM—3PM (AR)                                 |
| <b>JACKPOT BINGO!</b>                          | Wednesday<br>Open to the public.<br>\$0.25/card/game | 1:30PM—4:00PM (DR)                           |
| Line Dancing—Beginner<br>Line Dancing—Improver | Tuesday  | 9:00AM—10:00AM (DF)<br>10:00AM—11:00AM (DF)  |
| Low Vision Support Group                       | 2nd Monday   | 10:00AM—12:00PM (CNF)                        |
| Mexican Train Dominoes                         | Sun/Mon/Thurs  | 1:00PM—?4PM? (DR)                            |
| Pinochle                                       | Thurs/Fri  | 12:30PM—4:00PM (DR)                          |
| Poker  | Mon/Wed/Fri  | 1:00PM—4:00PM (DR)                           |
| Sew Crazy Sewing Club                          | 3rd Tuesday  | 1:00PM—2:30PM (AR)                           |
| VA Caregiver ( <i>Please call</i> )            | 2nd Tuesday  | 11:00AM—12:00PM (CNF)                        |
| Wellness Clinic                                | Tues (Main)<br>Thurs (Sites)                         | 10:00AM—2:00PM(DR)<br>12P—1P (Sites)         |
| WY Dementia Care<br>Support Group              | 1st/3rd Thursday                                     | 10:00AM—11:00AM (CNF)                        |



# Casper Senior Center Wish List

We would like to enhance our current programs and have more events...

However we need a little help to make that happen. If you have any of the items on our wish list, please let Kim P or Rachel know. Thank you for your help!

1. Book cases for Evansville Senior Center
2. Adult size inflatable costumes for a future (surprise) event.
3. Popcorn and salted butter for Friday Features
4. \$10.00 gift cards to local businesses for prizes
5. Poster frames or display cases for the puzzles and Puzzle Glue
6. Netflix or other streaming service subscription or gift cards for movies
7. Jewelry, purses, or small home décor for Deals on Wheels

A 70" large screen TV was donated by our own Barista volunteer, Ruth!  
Wow what a wonderful gift for our members to enjoy the Friday movies!!  
Thank Ruth when you see her Wed or Friday in Déjà Brew!



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## Assisting Casper Seniors And Their Families

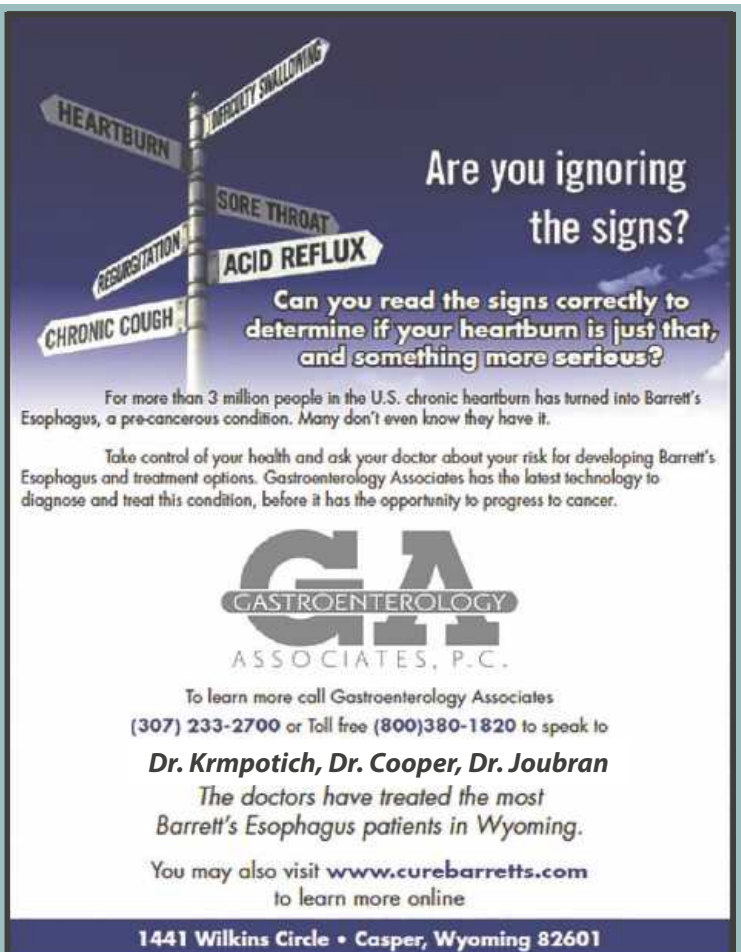
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# World Senior Citizens Day

World Senior Citizens Day began for Central Wyoming Senior Services a.k.a. Casper, Mills, & Evansville Senior Centers, with a proclamation from the City of Casper declaring August 21, 2025 National Senior Citizen Day for the City of Casper. Mayor Ray Pacheco and city council members made the presentation to the Center's team on Tuesday, August 19th, at their meeting. Thank you to the City of Casper for recognizing and honoring the work we do for the senior citizens.



Casper Senior Center hosted the 5th Annual Senior Citizens Day Info Fair. There were about 40 vendors from local & state agencies offering handouts and information to nearly 400 seniors that visited for this event! What an amazing day!

