

MILLS NEWSLETTER



APRIL 2023

Upcoming City Council Meetings Work Sessions:

April 10th 9am, 11th & 25th 6pm May 8th 9am, 9th & 23rd 6pm <u>Council Meetings:</u> April 11th & 25th 7pm May 9th & 23rd 7pm

Meetings held at Mills City Hall and are subject to change



The City offices will be closed on Good Friday, April 7th.

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Western Gateway Corridor Study— Open to Public Comment

Where: The Beacon

When: April 11th

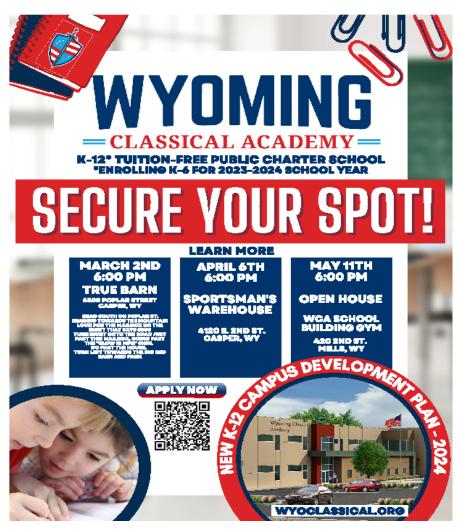


Time: 11:30 am to 1:30 pm

Casper Mountain Lions Club will be holding their 2023 Pancake Festival to benefit the Braille Trail, Youth and Community Projects, at the Mills Community Center located at, 401 Wasatch Ave, Saturday May 6th from 7am to 11 am, with a \$5 adult donation. For more ques-

tions or to buy tickets, please call 307-315-7074







Healthy U can help you:

- you can use to better manage your health
- Get support from other cancer survivors
- Feel healthier and have a better quality of life
- Work more effectively with your healthcare team
- Learn about exercises to maintain strength

Space is limited! Register today to reserve your spot and recieve your free class supplies!





CANCER: THRIVING AND SURVIVING (CTS)

CTS is a **free** six-week workshop for anyone affected by a cancer diagnosis. This class is open to survivors Learn a variety of tools of any type of cancer and their loved ones. Join us and learn tools to take control of your condition and get support from others,

> Topics include problem solving, making decisions about treatment and therapies, changes in body image, healthy eating, action planning, dealing with negative emotions and fear of recurrence, and effective communication with family friends and healthcare professionals.

The next workshop will meet Online every Wednesday from April 19th to May 17th. 4pm-6:30pm

For more information or to register: Web: www.uwyo.edu/HealthyU Email: healthyu@uwyo.edu Phone: (307) 766-2765



Contact Us

f Like

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Visit us on the web at www.millswy.gov Pay your bill online at www.millswy.gov

Like us on Facebook & Instagram

There is an extra trash pickup, free of charge, every Thursday for non household items only. If you need items picked up please call the City Hall to be put on the schedule.

Items that will not be picked up: Tires, oil & paint, chemicals, and box spring mattresses & anything metal.

CCR Report (Consumer Confidence Report) is available on the City of Mills website (millswy.gov), City Hall, and at the Water Treatment Plant.

****PLEASE CHECK OUT OUR** EMAIL NOTIFICATION SYSTEM**

Advantages to this system:

- Requests for Proposals
- Monthly Newsletters
- Calendar Events



- Resolutions
- •Ordinances & Other Exciting Activi-ties Around Mills

****SIGN UP FOR THESE NOTI-FICATIONS SO YOU DON'T MISS OUT****

@ www.millswy.gov